2016 Peace & Love Mantra Project Day 1 God is love Day 2 I love you Om shanti Day 3 Day 4 Be humble Day 5 Just breathe Day 6 Be patient Day 7 Be kind Day 8 Be in harmony Day 9 Be grateful *Day 10* Be happy Day 11 Be steady Love all *Day 12 Day 13* Go within *Day 14* Be still *Day 15* Everything is perfect Be truthful *Day 16 Day 17* Be sincere Be determined *Day 18 Day 19* Forgive *Day 20* Love unconditionally *Day 21* Let it go *Day 22* Have faith *Day 23* Be strong *Day 24* Respect all *Day 25* Inspire *Day 26* Love yourself *Day 27* No worries *Day 28* Be the change *Day 29* Stability *Day 30* Be consistent *Day 31* Be true to your self *Day 32* Watch your thoughts *Day 33* Compassion for all Practice selflessness *Day 34 Day 35* Fortitude *Day 36* Practice humility *Day 37* Be pure in thought action & deed *Day 38* **Fearlessness** *Day 39* Shine your light *Day 40* Beauty is within *Day 41* Be accountable for your own actions

Day 42

Day 43

Day 44

Day 45

Day 46

Day 47

Day 48

Day 49

Day 50

Make the right choices

Find blessings in each day

Don't do or say something you will regret later

Make today count

Love, love, love

Stay grounded

No excuses

Don't loose focus

Love is all you need

	Day 51	Listan to Col
	Day 51	Listen to God Be a hero
	Day 52	
	Day 53	We are our worst enemy so be kind to yourself
	Day 54	Don't freak out
	Day 55	Think before you speak
	Day 56	Never give up
	Day 57	Never say never as beautiful miracles happen everyday
	Day 58	Do not hate
	<i>Day 59</i>	Stand by your promises
	Day 60	Transform your self
	Day 61	Be free
	Day 62	Believe in yourself
4	Day 63	Trust in your faith
4	Day 64	Never settle
4	Day 65	See God in everyone
4	Day 66	Don't hold grudges
4	Day 67	God is everything
4	Day 68	God is everywhere
4	Day 69	God is dwelling inside your heart
4	Day 70	Love is dwelling in your heart
ļ	Day 71	Love your neighbor
ļ	Day 72	Talk to God
	Day 73	Draw strength from within
ļ	Day 74	Be proud of yourself
	Day 75	Be good to yourself
ļ	<i>Day 76</i>	Make time for God
4	Day 77	Laugh
	Day 78	Be devoted
ļ	Day 79	No enemies
4	Day 80	Live simple
4	Day 81	Be holy
	Day 82	Be righteous
4	Day 83	Seek His will in all you do
4	Day 84	Thank you
ļ	Day 85	Rest inside your heart
ļ	Day 86	Be cheerful
4	Day 87	Just surrender
	Day 88	Find peace everywhere
ļ	Day 89	Set the best example
	Day 90	Eat to live not live to eat
	Day 91	Be a great thinker
ļ	Day 92	Follow the right path
ļ	Day 93	Tomorrow is never promised
	Day 94	Never break a promise
	Day 95	Radiate light & love
	Day 96	Have an attitude of gratitude
	Day 97	Infect everyone with love
	Day 98	Whisper love everywhere
	Day 99	Stop wasting time
	Day 100	Rejoice always
	Day 101	Send love to the suffering & find peace within

Day 102	Time is precious
Day 103	Let go & let God
Day 104	Do not worry about tomorrow
Day 105	Don't be troubled
Day 106	Wait & watch
Day 107	Honor your elders
Day 108	Never loose sight
Day 109	Be a perfect reflection of God
Day 110	Let the Lord guide you
Day 111	Find rest for your soul
Day 112	Learn to behave
Day 113	Dearly beloved we are gathered here today to get through this thing called life
Day 114	Compassion is an action word with no boundaries
Day 115	You are my sunshine
Day 116	Find joy in your heart
Day 117	Be sweet
Day 118	Stand tall
Day 119	Keep your foundation solid
Day 120	Embrace the fragrance of nature
Day 121	Keep showing up
Day 122	Be yourself
Day 123	Serve your purpose
Day 124	One day at a time
Day 125	Be whimsical
Day 126	Love one another
Day 127	Keep your mental attitude strong
Day 128	You always have a choice
Day 129	God has a plan for you
Day 130	Be wise
Day 131	Nothing lasts forever
Day 132	Don't be afraid
Day 133	Don't be bitter
Day 134	God is wisdom
Day 135	Don't be a fool
Day 136	Blessed are the peacemakers
Day 137	Have good sense
Day 138	Use discrimination
Day 139	Deal with your stuff
Day 140	Bloom at your fullest
Day 141	Show your potential
Day 142	Tell everyone how big your God is not how big your problem is
Day 143	Listen to yourself and in that quietude you will hear God
Day 144	Make your mind beautiful
Day 145	Rainbows are everywhere
Day 146	You are the result of your choices
Day 147	Everything is as it should be
Day 148	Get past the challenges in life with supreme faith
Day 149	Celebrate your birth - it's a gift
Day 150	Singing makes your heart happy
Day 151	Life is funny
Day 152	Build someone up

Day 153	It's so easy to love one another
Day 154	A friend is a gift
Day 155	Cherish every moment
Day 156	Free yourself
Day 157	We are all one racehuman
Day 158	People never forget how you made them feel
Day 159	Purify your mind
Day 160	Doesn't matter how many times you get knocked down what counts is how many times you get up
Day 161	Do good for others
Day 162	Say nice things
Day 163	Return your soul to God as clean as possible
Day 164	My cup runneth over
Day 165	Stop the hate
Day 166	Do your service to others
Day 167	Become a servant
Day 168	The proof is in the pudding
Day 169	Be phenomenal
Day 170	Be fantastic
Day 171	Love you mean it
Day 172	God is preparing you for what he has prepared for you
Day 173	Laugh like a child
Day 174	Be true to your words
Day 175	The turtle always wins the raceslow and steady
Day 176	If you don't want to keep starting over stop quitting
Day 177	Be a rainbow is someone else's cloud
Day 178	Don't be negative
Day 179	We are all one
Day 180	Find someone to love
Day 181	Stop dwelling in the past
Day 182	Everything is made of love
Day 183	Take care of each other
Day 184	Cultivate enthusiasm
Day 185	Stop the violence
Day 186	Be a reflection of what you would like to receive
Day 187	Choose your destiny
Day 188	Life is a journey
Day 189	Freedom is to ask for nothing
Day 190	Freedom is to need for nothing
Day 191	Freedom is to expect nothing
Day 192	Freedom is to depend on nothing
Day 193	Love is patient love is kind
Day 194	Open your heart
Day 195	Uncover love and happiness
Day 196	Stop complaining
Day 197	Counter fear with faith
Day 198	Do no harm
Day 199	Life is a gift
Day 200	Be better than you used to be
Day 201	Honor the guru
Day 202	Enlightenment
Day 203	Use common sense

Day 204	Be a light in the darkness
Day 204 Day 205	Today is a new day
Day 205 Day 206	Purity
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Day 207	Rest your spirit
Day 208	Thy will be done
Day 209	Slow down
Day 210	Just show up
Day 211	Be in love
Day 212	No complications
Day 213	Be brave
Day 214	Be simple
Day 215	We are all brothers & sisters
Day 216	Stop whining
Day 217	Leave everything better than you found it
<i>Day 218</i>	Rise above
Day 219	Be mindful of your words
Day 220	With God all things are possible
Day 221	Be happy exactly where you are
<i>Day 222</i>	Be glad in the Lord
<i>Day 223</i>	Dance like no one is watching
<i>Day 224</i>	Search for God
Day 225	Remember to say grace
<i>Day 226</i>	Smile God loves you
Day 227	Do good deeds
Day 228	See oneness in everyone
Day 229	Be reliable
Day 230	Keep good company
Day 231	Have no enemies
<i>Day 232</i>	Concentrate
Day 233	Be proud not arrogant
<i>Day 234</i>	Find love everywhere
Day 235	Be nice
<i>Day 236</i>	No fear
Day 237	No doubt
<i>Day 238</i>	Breathe love
Day 239	If you can't take God with you, you may not want to go there
<i>Day 240</i>	God is speaking to youlisten
<i>Day 241</i>	Good health is part of your wealth
<i>Day 242</i>	Be a human angel
<i>Day 243</i>	Light the way
<i>Day 244</i>	Be a leader
Day 245	Be ready for any obstacle
<i>Day 246</i>	Make your life significant
<i>Day 247</i>	Always do your best
<i>Day 248</i>	Never go to bed angry
<i>Day 249</i>	Enjoy life
Day 250	Don't be miserable
Day 251	Find the awesome
<i>Day 252</i>	Feel God's presence in nature
<i>Day 253</i>	Everything will be ok
<i>Day 254</i>	Never leave a job unfinished

Day 255	You can't change the past
Day 256	Listen to understand
Day 250 Day 257	Find joy in everything you do
Day 257 Day 258	Be calm in your heart
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Day 259	Your spirit if full of peace
Day 260	Discover the treasure within
Day 261	Don't worry about the future
Day 262	Be in the moment
Day 263	Don't just think of yourself
Day 264	Don't be selfish
Day 265	Make everything you do an offering
Day 266	Believe no matter what
Day 267	Strengthen your relationship with others
<i>Day 268</i>	Do something different
Day 269	Always leave things better than you found them
Day 270	Follow your dreams
Day 271	Better to give than receive
Day 272	Never judge anyone as you don't know what they are going through
Day 273	You are beautiful
Day 274	Help someone
Day 275	No regrets
Day 276	Always think of the happiness of others
Day 277	Always let your voice be sweet kind and loving
Day 278	Let your soul shine
Day 279	Believe in the love in your heart
Day 280	Everybody matters
Day 281	Smiling opens the heart
Day 282	Everyone has a purpose
Day 283	Allow no one to take your peace
Day 284	Show respect
Day 285	Love your enemies
Day 286	It's all in your mind how beautiful your life can be
Day 287	Inspire others with your actions
Day 288	Things will always work out
Day 289	Be cool
Day 290	Be a teacher
Day 291	Loose your ego
Day 292	Don't be weak
Day 293	Peace is my breath
Day 294	Serenity is the beat of my heart
Day 295	Always have hope
Day 296	I am happy with what I have
Day 297	No negative habits
Day 298	Watch a sunset
Day 299	Gaze at the moon
Day 300	Learn to just be
Day 301	Watch your tongue
Day 302	This too shall pass
Day 303	Find balance in your life
Day 304	Concentrate in the cave of your heart
Day 305	God bless everyone

<i>Day 306</i>	Trust in God
Day 307	You can't predict the future
Day 308	Your true self lies within
Day 309	Give happiness to all and you will live in peace
Day 310	Create peace in your mind
Day 311	It is all an illusion
Day 312	You are an extravagant gift
Day 313	Do what's best for everyone
Day 314	Be strong in love and faith it always prevails and wins
Day 315	You control your thoughts
Day 316	Stop thinking of ways you can't think of ways you can
Day 317	Be generous with love
Day 318	Help everyone find peace
Day 319	There is so much power in unconditional love
Day 320	No division only unity
Day 321	Think beyond yourself
Day 322	Take care of each other
Day 323	Learn something new to help others
Day 324	Spend time being quiet
Day 325	Only speak kind words
Day 326	Close your eyes and breathe
Day 327	How can you surrender
Day 328	Read something holy
Day 329	Grateful always
Day 330	Work together
Day 331	Welcome struggles as it always brings strength
Day 332	Sing it makes the heart happy
Day 333	Make each day count
Day 334	Never be too proud to say I'm sorry
Day 335	Be groovy
Day 336	Take care of yourself
Day 337	Our words can be poison or fruit
Day 338	Your thoughts guide you to your destiny
Day 339	Life will always bring difficulties but how you deal with it is your choice
Day 340	Let the sun shine in
Day 341	The great enemy of peace is ego
Day 342	Take pride in yourself
Day 343	Praying together will keep you together
Day 344	Time heals
Day 345	Stop being mad
Day 346	Life is a gift
Day 347	Hold someone's hand and you will hold their heart
Day 348	Allow nothing to stop you
Day 349	Appreciate what you have and stop worrying about what you don't have
Day 350	Learn from your mistakes
Day 351	Always treat people better than they treat you
Day 352	Love the simple things in life
Day 353	Always better to give than to receive
Day 354	When you get give
Day 355	When you learn teach Don't he a disappointment
<i>Day 356</i>	Don't be a disappointment

Day 357	Remember your blessings
<i>Day 358</i>	Always be funky cool
Day 359	Be jolly
Day 360	Remember the reason for the season
Day 361	Spread love and joy everywhere you go
Day 362	Always pay attention
<i>Day 363</i>	Hug someone with love
<i>Day 364</i>	Make your life worth talking about when you're gone
Day 365	Prepare yourself for new beginnings
<i>Day 366</i>	Begin each day as if it's a new year